

# Super Saturday – Orthopaedics

2 Theatres / 1 Surgeon / 1 day = 10 hips/knees

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## Description:

The Bury Care Organisation tested a new way of working within Fairfield Hospital Theatres by holding a “Super Saturday Orthopaedics List”.

This initiative was to achieve the top decile of GIRFT principles having already adopted the philosophy described by GIRFT project. These include use of an orthopaedic ring-fenced unit, with standardised kit and consistent staff to deliver the right number of cases, with a short LoS. More recently this has included a target of 10% as daycase arthroplasty procedures.

**Aim Achieved:** The project took place one Saturday in July and successfully treated 10 patients in 1 day between 2 theatres as opposed to the ‘business as usual’ number of 3 - 4 per theatre in 1 day.

## Other Benefits and Outcomes:

**Metrics:** 642 i.e. utilisation, DNA 0, cancellations 0, touch time average for all 10 cases was 47 minutes per case

### Patient:

- 80% daycase rate, with 8 out of the 10 patients discharged the same day with only 2 patients requiring an overnight stay and discharged on the Sunday.
- Patient Satisfaction – patient feedback has been extremely positive

### Staff:

- Morale – during these pressured times staff reported that they were happy to be involved in improvement
- No Agency staff was required for the day as Rota and Additional scheduling ensured that substantive staff could be available and take part in the pilot – this facilitated great team working and communication

**More information available from:** Email: [Laurence.Bond2@pat.nhs.uk](mailto:Laurence.Bond2@pat.nhs.uk)

## A Test of change.....

Future innovation – this pilot has shown a successful test of change and could be used again as a pilot for any speciality that could work in this way and will facilitate any future outline business case for sustainable 6 day services for patients.

## An approach....

### What are we trying to accomplish?

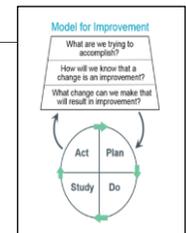
- Utilise existing resources effectively to tackle long waits within Orthopaedics

### How will we know that a change is an improvement?

- Achieve an improvement in theatre metrics, whilst maintaining quality outcomes for patient

### What changes can we make that will result in an improvement?

- Test of change within Theatres using the GIRFT Hip / knees pathway to work in a different way - utilising 2 theatres, 1 named surgeon, listing 10 patients in 1 day



## Key Enablers / resources

- Drive and commitment to adopt GIRFT best practice pathways and metrics
- Concept of Low Complexity of patients to facilitate identification of patients (ASA1-3)
- Daycase and Theatre principles to underpin operational activities and operational running of the lists
- N.B: Refer project review for all essential enablers