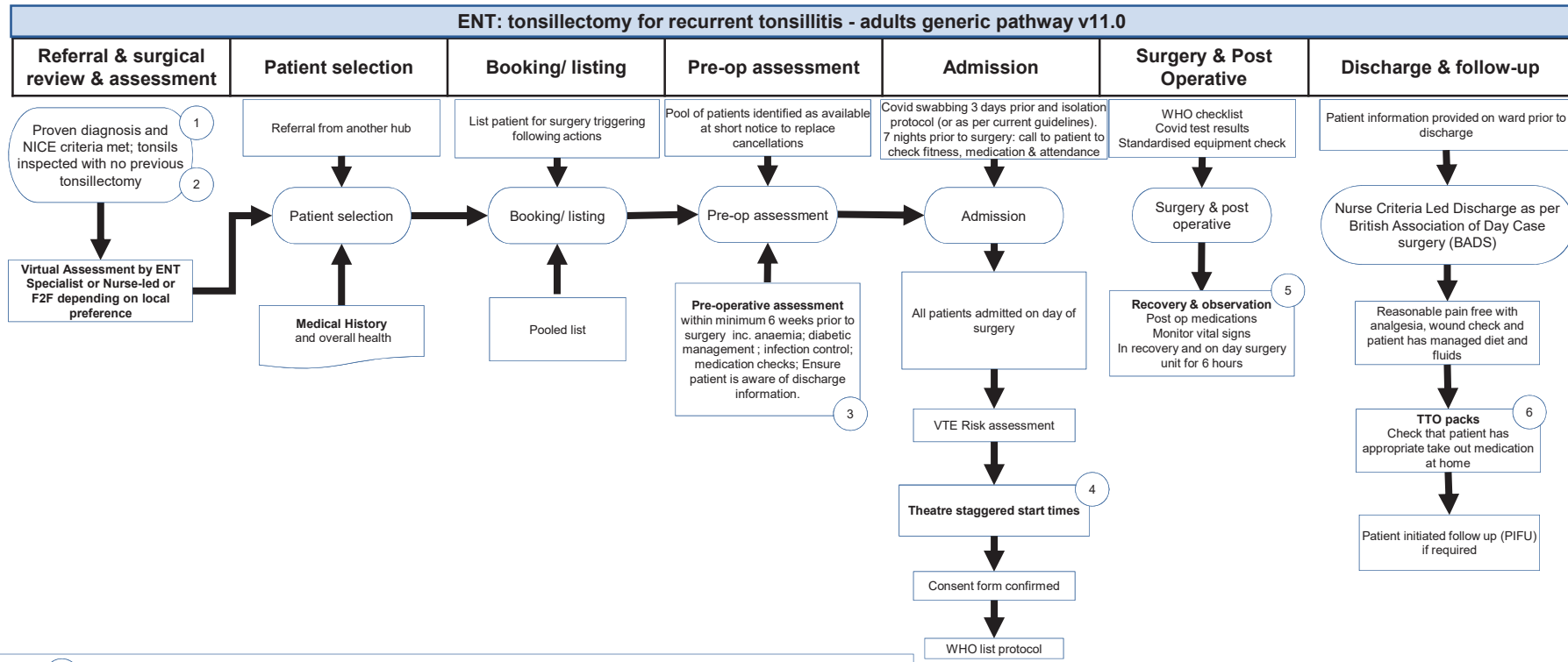


ENT: Tonsillectomy - adults



- Notes:**
- 1 **Referrals from primary care** must meet the following criteria in order to have a virtual consultation:
 - observed/examined tonsils by GP and no evidence of previous tonsillectomy
 - criteria as defined by NICE guidelines and local CCG guidance
 - no red flags
 - patient wants the procedure
 - 2 **Virtual Assessment by ENT Specialist/ Nurse specialist/ or F2F:** Review medical history & discuss risk and benefits of surgery; confirmation proceed; discuss LoS & recovery; identify high risk patients based on age, comorbidities for comprehensive geriatric assessment and in-depth shared decision making consultation involving anaesthetic team. Progress with virtual consent and provide patient information. Patient must be counselled about take out discharge medication and informed that they need to obtain take out medication prior to admission. However F2F assessments can be used depending on ENT specialist preference.
 - 3 **Medication checks:** patients are counselled about the medication they will be discharged on and must be asked to obtain a supply prior to admission
 - 4 **Theatre staggered start times**
Morning list – first 2 patients at 7:30am and remaining patients staggered
Afternoon list first two patients at 11:30am and remaining patients staggered
 - 5 **Recovery & observation:** reducing the period of observation post-op to facilitate nurse led discharges unless anaesthetist colleagues feel otherwise
 - 6 **TTO packs:** Consider standardising TTO packs